

KESTON PARISH CHURCH

MONTHLY PEW SHEET

July 2026



Sun	5th July	8am	BCP Holy Communion
		10 am	Celebrational Worship
Mon	6th July	7.40 am	Morning Prayer
		8 am	Said Communion
Tue	7th July	9.30 am	Prayer Walk
Fri	10th July	2.30 pm	Safeguarding Training
Sat	11th July	11.20 am	Healing & Wholeness Service
Sun	12th July	10 am	Holy Communion Service
		11.30 am	Safeguarding Training
Mon	13th July	7.40 am	Morning Prayer
		8 am	Said Communion
		2 pm	Book Group
Wed	15th July	9.30 am	Prayer Walk
Fri	17th July	9.30 am	Keston School Leavers
			NO Choir Practice
Sun	19th July	10 am	Holy Communion Service
			with prayer for H & W
			including Sunday School
Mon	20th July	7.40 am	Morning Prayer
		8 am	Said Communion
Tue	21st July	10-12 noon	Messy Church
Fri	24th July		NO Choir Practice
Sun	26th July	10 am	Holy Communion Service
Mon	27th July	7.40 am	Morning Prayer
		8 am	Said Communion
		6.45 pm	Communion
		7.30 pm	PCC in Upper Room
Fri	31st July		NO Choir Practice
Sat	1st Aug	10 am	Wellbeing coffee morning
Sun	2nd Aug	8 am	BCP Holy Communion
		10 am	Celebrational Worship
Mon	3rd Aug	7.40 am	Morning Prayer
		8 am	Said Communion

WELCOME to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the "T" setting. Large print copies of the service are available – please ask.

HOLY COMMUNION is offered every Sunday at 10am (except the 1st Sunday of the month when it is at 8am) & each Monday morning at 8am. At Communion we come together as members of the one Body of Christ. ***Everyone is welcome at the Lord's Table, the table of Jesus Christ. Please all come up when invited by the Sidespeople. Those who wish for a blessing, please come up with everyone else and keep your hands by your side.*** If you require a gluten free wafer please inform one of the welcomers or the rector before the service. Holy Communion is offered in both kinds with wine in the Common Cup. Should you still be anxious, do come up for a wafer, and then return to your seat. Receiving in one kind is to receive the sacrament in its entirety.

BAPTISMS, WEDDINGS & FUNERALS – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called Christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant, and is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time **The next Confirmation date is set for Sunday 6th September at 4pm.** **Please speak to Reverend Belinda if you or any of your family would like to be confirmed at this service by 13th July.** She can be contacted by email rector@kestonparishchurch.org.uk or 01689 853186 regarding any of the above.

1ST SUNDAY OF THE MONTH SERVICE is usually Celebrational Worship and is a non-Communion service with contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

MONDAY - MORNING PRAYER @ 7.40am followed by HOLY COMMUNION @ 8am (½ hour). A good start to the week as we place our week in God's hands. We pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work. All are very welcome.

PRAYER WALKS – Every 1st Tue & 3rd Wed of the month, 7th & 15th July, then 4th & 19th Aug. Please come along with or without a dog, and enjoy a chat, then stop, reflect and pray. We assemble at 9.30 am on

Commonside on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a 'cuppa'.

SUNDAY 12TH JULY – CHARITY APPEAL - FOR HOPE AND POVERTY – We will be handing out smartie tubes with smarties for you to enjoy, and if you are able, please fill the tubes with your loose coins and notes to return to Church for this overseas Charity by Sunday 26th July or make a donation in an envelope marked 'Poverty and Hope Appeal 2026). The Charity uses your donations to support mission and ministry in our partner Dioceses in Harare, Tanzania and Estonia, and for the training of local people to serve in their community. Thank you for your generosity.

BOOK READING FELLOWSHIP – Monday 13th July @ 2 pm in Gravel Road. Come and discuss books with some Christian content that you have read over tea/coffee and cake! Please let Sally know if you would like to come along. Everyone welcome

HEALING & WHOLENESS at 3RD SUNDAY MORNING SERVICE – On the 3rd Sun of each month, (19th July & 16th Aug) church members will be happy to pray with and for you. A Healing and Wholeness service with anointing is usually offered on the 2nd Sat of each month at around 11.20 am. All welcome.

SUNDAY SCHOOL (3rd Sunday) – Sunday 19th July - Bible-based activities and teaching for all children during part of the Sunday Service. All are very welcome. Please note: No Sunday School in August.

MESSY CHURCH – Tue 21st July @ 10 – 12 noon – Come along for crafts, activities, Church celebration with music and friendship, with lunch included. Everyone welcome!

CHURCH SOCIALS – the next Church get together is a **supper at the Kings Arms on Wednesday 12th August, then lunch on Wednesday 23rd September @ 222 cafe.** Please put your name on the list if you would like to come along.

SAFEGUARDING TRAINING DATES – Please note Natasha is leading sessions for Basic Safeguarding Training on Friday 10th Jul 2.30 – 4 pm; Sunday 12th July 11.30 – 1.30 pm; Sunday 23rd Aug 11.30 – 1.30 pm. **ALL volunteers who offer help at the church in any way are required to attend the basic level training.** It can be done online – this is an opportunity to do it face to face with colleagues. A light lunch/tea as appropriate is offered. Please sign the list to indicate when you are attending or speak to Natasha if you would like to do it online.

Sunday 5th July – 5th Sunday after Trinity

**Almighty God, send down upon your Church the riches of
your Spirit, and kindle in all who minister the gospel
your countless gifts of grace;
through Jesus Christ our Lord. Amen**

Romans 7: 15 – 25a; Matthew 11: 16 – 19, 25 – end (NLT Bible)

Sunday 12th July – 6th Sunday after Trinity

**Creator God, you made us all in your image:
May we discern you in all that we see,
and serve you in all that we do;
Through Jesus Christ our Lord. Amen**

*Isa. 55: 10 – 13; Romans 8: 1 – 11; Matthew 13: 1 – 9, 18 – 23
(NRSV Bible)*

Sunday 19th July – 7th Sunday after Trinity

**Generous God, you give us gifts and make them grow:
Though our faith is small as mustard seed,
Make it grow to your glory and the flourishing of
your kingdom; through Jesus Christ our Lord. Amen**

*Isa. 44: 6 – 8; Romans 8: 12 – 25; Matt. 13: 24 – 30, 36 – 43
(NRSV Bible)*

Sunday 26th July – 8th Sunday after Trinity

**Lord God, your Son left the riches of heaven and became
poor for our sake: when we prosper save us from pride, when
we are needy save us from despair, that we may
trust in you alone; through Jesus Christ our Lord. Amen**

*1 Kings 3: 5 – 12; Romans 8: 26 – end; Matt. 13: 31 – 33, 44 –
52 (NRSV Bible)*

**OUR SAFEGUARDING STATEMENT - We want our church to be a safe
place for everyone – a place where the love of God shines through all
we do. Therefore, in accordance with the Government, the Church of
England, the Charity Commission and our insurance company, our
workers/volunteers are safely recruited (including DBS check if
legally eligible), regularly trained and we adhere to Diocesan
Safeguarding Policies. Our Safeguarding Officer, Natasha, can be
contacted on safeguarding@kestonparishchurch.org.uk if you have any
questions or concerns.**