

# ***KESTON PARISH CHURCH***

## **MONTHLY PEW SHEET**

### **April 2026**



<b>Sun</b>	<b>5<sup>th</sup> Apr</b>	<b>10 am</b>	<b>Easter Sunday with Communion Followed by Easter Egg Hunt</b>
<b>Mon</b>	<b>6<sup>th</sup> Apr</b>		<b>NO Morning Prayer or Said Communion</b>
<b>Tue</b>	<b>7<sup>th</sup> Apr</b>	<b>9.30 am 12.15 pm</b>	<b>Prayer Walk Church Social Lunch at Holwood Cafe</b>
<b>Fri</b>	<b>10<sup>th</sup> Apr</b>		<b>NO Choir Practice</b>
<b>Sat</b>	<b>11<sup>th</sup> Apr</b>	<b>11.20 am</b>	<b>Healing &amp; Wholeness Service</b>
<b>Sun</b>	<b>12<sup>th</sup> Apr</b>	<b>10 am</b>	<b>Holy Communion Service</b>
<b>Mon</b>	<b>13<sup>th</sup> Apr</b>		<b>NO Morning Prayer or Said Communion</b>
<b>Wed</b>	<b>15<sup>th</sup> Apr</b>	<b>9.30 am 2 pm 7 pm</b>	<b>Prayer Walk Visit to Shepperd's College Men's Group @ Greyhound NO Choir Practice</b>
<b>Fri</b>	<b>17<sup>th</sup> Apr</b>		<b>NO Choir Practice</b>
<b>Sat</b>	<b>18<sup>th</sup> Apr</b>	<b>10 – 12 noon</b>	<b>Wellbeing Coffee morning</b>
<b>Sun</b>	<b>19<sup>th</sup> Apr</b>	<b>10 am</b>	<b>Holy Communion Service with prayer for Healing &amp; Wholeness including Sunday School</b>
<b>Mon</b>	<b>20<sup>th</sup> Apr</b>	<b>7.40 am 8 am</b>	<b>Morning Prayer Said Communion</b>
<b>Tue</b>	<b>21<sup>st</sup> Apr</b>	<b>6.45 pm 7.30 pm</b>	<b>Holy Communion PCC Meeting</b>
<b>Fri</b>	<b>24<sup>th</sup> Apr</b>	<b>2.30 pm</b>	<b>Choir Practice</b>
<b>Sun</b>	<b>26<sup>th</sup> Apr</b>	<b>10am</b>	<b>Holy Communion</b>
<b>Mon</b>	<b>27<sup>th</sup> Apr</b>	<b>7.40 am 8 am</b>	<b>Morning Prayer Said Communion</b>
<b>Wed</b>	<b>29<sup>th</sup> Apr</b>	<b>2.30 pm</b>	<b>Funeral of Rosemary Cogswell Refreshments in hall after</b>
<b>Fri</b>	<b>1<sup>st</sup> May</b>		<b>NO Choir Practice</b>
<b>Sun</b>	<b>3<sup>rd</sup> May</b>	<b>8am 10 am 2.15 pm</b>	<b>BCP Holy Communion Celebrational Worship Parish Walk</b>
<b>Mon</b>	<b>4<sup>th</sup> May</b>		<b>NO Morning Prayer or Said Communion</b>

**WELCOME** to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the "T" setting. Large print copies of the service are available – please ask.

**HOLY COMMUNION** is offered every Sunday at 10am (except the 1<sup>st</sup> Sunday of the month when it is at 8am) & each Monday morning at 8am. At Communion we come together as members of the one Body of Christ. *Everyone is welcome at the Lord's Table, the table of Jesus Christ. Please all come up when invited by the Sidespeople. Those who wish for a blessing, please come up with everyone else and keep your hands by your side.* If you require a gluten free wafer please inform one of the welcomers or the rector before the service. Holy Communion is offered in both kinds with wine in the Common Cup. Should you still be anxious, do come up for a wafer, and then return to your seat. Receiving in one kind is to receive the sacrament in its entirety.

**BAPTISMS, WEDDINGS & FUNERALS** – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called Christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant, and is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. **Please speak to Reverend Belinda to register your interest**, and she can be contacted by email [rector@kestonparishchurch.org.uk](mailto:rector@kestonparishchurch.org.uk) or 01689 853186 regarding any of the above.

**1<sup>ST</sup> SUNDAY OF THE MONTH SERVICE** is usually Celebrational Worship and is a non-Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

**MONDAY - MORNING PRAYER @ 7.40am followed by HOLY COMMUNION @ 8am (½ hour).** A good start to the week as we place our week in God's hands. We pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work. There is a free car park while you attend. All are very welcome. Please note - no services on 6<sup>th</sup> and 13<sup>th</sup> April or 4<sup>th</sup> May.

**SAFEGUARDING TRAINING – 26<sup>th</sup> April @ 11.15am**

There will be a Training session for all volunteers who assist in whatever capacity with church activities for example Readers, Intercessors, Messy church helpers, coffee rota helpers, choir etc. This is Basic Safeguarding Training which is being offered face to face and in-house and should last around two hours including a light lunch. The training is valid for three years. It is also a very useful session like first aid for anyone and everyone who is a

member of the church, and helps each to stay aware of the risks to us and to others, especially those in the vulnerable groups, posed by people who find ways to prey on others. Natasha, the Safeguarding Officer would love everyone to come along.

**PRAYER WALKS – Every 1<sup>st</sup> Tue & 3<sup>rd</sup> Wed of the month, 7<sup>th</sup> & 15<sup>th</sup> April, then 5<sup>th</sup> May & 20<sup>th</sup> May.** Please come along with or without a dog, and enjoy a good natter, then stop, reflect and pray. We assemble at 9.30 am on Commonside on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a 'cuppa'.

**CHURCH SOCIALS** – the next Church get together is a lunch on: **Tuesday 7<sup>th</sup> April at Holwood Farm at 12.15 pm, then Wednesday 27<sup>th</sup> May @ The Crown.** Please put your name on the list if you would like to come along.

**VISIT TO SHEPPARD'S COLLEGES – Wednesday 15<sup>th</sup> April @ 2 pm.** A one-hour tour is booked followed by refreshments, maximum 20 people, the list is at the back of the Church. We will group together to travel to the college.

**MEN'S PUB SOCIAL – Every 3<sup>rd</sup> Wednesday of the month 15<sup>th</sup> April** at the Greyhound pub at 7 pm.

**MENTAL WELLBEING COFFEE MORNING – Saturday 18<sup>th</sup> April 10 – 12 noon in the Church Hall.** Come and chat over tea/coffee and cake. We will hear tips about how we can keep ourselves well.

**HEALING & WHOLENESS at 3<sup>RD</sup> SUNDAY MORNING SERVICE** – On the 3<sup>rd</sup> Sun of each month, (19<sup>th</sup> April then 17<sup>th</sup> May) church members will be happy to pray with and for you. **A Healing and Wholeness service with anointing is usually offered on the 2<sup>nd</sup> Sat of each month at 11.20 am. All welcome.**

**SUNDAY SCHOOL – Sunday 19<sup>th</sup> April (Usually 3<sup>rd</sup> Sunday) – Bible-based activities and teaching for all children during part of the Sunday Service. All are very welcome.**

**FOODBANK DONATION BOX** – This will be in the Foyer - please help out those in need in these difficult times by donating a tin or jar of food, each time you shop. Your help and kindness is gratefully received. Thank you.

### **FUTURE DATES**

**PARISH WALK – Sun 3<sup>rd</sup> May @ 2.15 pm**

**ST. CHRISTOPHER'S FUN WALK – Sun 10<sup>th</sup> May**

**ASCENSION DAY HOLY COMM SERVICE – Thur 14<sup>th</sup> May @ 3 pm**

**APCM – Sun 17<sup>th</sup> May @ 11.15 am**

**Messy Church – Tue 26<sup>th</sup> May @ 10 – 12 noon**

### **Sunday 5<sup>th</sup> April – Easter Sunday**

**God of glory, by the raising of your Son you have broken the chains of death and hell: fill your Church with faith and hope; for a new day has dawned and the way to life stands open in our Saviour Jesus Christ.. Amen**

*Acts 10: 34 – 43; Matthew 28: 1 – 10 (NRSV Bible)*

### **Sunday 12<sup>th</sup> April – 2<sup>nd</sup> Sunday of Easter**

**Risen Christ, for whom no door is locked, no entrance barred: open the doors of our hearts, that we may seek the good of others and walk the joyful road of sacrifice and peace, to the praise of God the Father. Amen**

*Acts 2: 14a, 22 – 32; 1 Peter 1: 3 – 9; John 20: 19 – end (NRSV Bible)*

### **Sunday 19<sup>th</sup> April – 3<sup>rd</sup> Sunday after Easter**

**Risen Christ, you filled your disciples with boldness and fresh hope: strengthen us to proclaim your risen life and fill us with your peace, to the glory of God the Father. Amen**

*Acts 2: 14a, 36 – 41; 1 Peter 1: 17 – 23; Luke 24: 13 – 35 (NRSV Bible)*

### **Sunday 26<sup>th</sup> April – 4<sup>th</sup> Sunday of Easter**

**Risen Christ, faithful shepherd of your Father's sheep: teach us to hear your voice and to follow your command, that all your people may be gathered into one flock, to the glory of God the Father. Amen**

*Acts 2: 42 – end; 1 Peter 2: 19 – end; John 10: 1 – 10 (NRSV Bible)*

**OUR SAFEGUARDING STATEMENT** - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer can be contacted on [safeguarding@kestonparishchurch.org.uk](mailto:safeguarding@kestonparishchurch.org.uk) if you have any questions or concerns.