

KESTON PARISH CHURCH

MONTHLY PEW SHEET

March 2026



Sun	1 st Mar	8 am	Holy Communion BCP 1662
		10 am	All-Age non-Communion Service
Mon	2 nd Mar	7.40 am	Morning Prayer
		8 am	Said Communion
		7.15 pm	Lent Group – session 2
Tue	3 rd Mar	9.30 am	Prayer Walk
		3.30 pm	Lent Group – session 2
Fri	6 th Mar	2.30 pm	Choir Practice
Sun	8 th Mar	10 am	Holy Communion Service
Mon	9 th Mar	7.40 am	Morning Prayer
		8 am	Said Communion
		7.15 pm	Lent Group – session 3
Tue	10 th Mar	3.30 pm	Lent Group – session 3
Fri	13 th Mar	2.30 pm	Choir Practice
Sat	14 th Mar	11.20 am	Healing & Wholeness Service
Sun	15 th Mar	10 am	Mothering Sunday with HC Keston School Choir & with prayer for Healing & Wholeness
			Morning Prayer
Mon	16 th Mar	7.40 am	Said Communion
		8 am	Lent Group – Session 4
		7.15 pm	Lent Group – Session 4
Tue	17 th Mar	3.30 pm	Prayer Walk
Wed	18 th Mar	9.30 am	Men's Group @ Greyhound
		7 pm	Choir Practice
Fri	20 th Mar	2.30 pm	Holy Communion with Baptism
Sun	22 nd Mar	10am	including Sunday School
			Morning Prayer
Mon	23 rd Mar	7.40 am	Said Communion
		8 am	Book Reading Fellowship
		2 pm	Lent Group – Session 5
		7.15 pm	Lent Group – Session 5
Tue	24 th Mar	3.30 pm	Choir Practice
Fri	27 th Mar	2.30 pm	Palm Sunday
Sun	29 th Mar	10 am	Morning Prayer
Mon	30 th Mar	7.40 am	Said Communion
		8 am	Taize Service (non-communion meditative service)
		7 pm	Choir Practice
Fri	3 rd Apr	2.30 pm	Easter Sunday with communion
Sun	5 th Apr	10 am	Prayer Walk
Tue	7 th Apr	9.30 am	Church Social Lunch at Holwood Cafe
		12.15 pm	

WELCOME to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the "T" setting. Large print copies of the service are available – please ask.

HOLY COMMUNION is offered every Sunday at 10am (except the 1st Sunday of the month when it is at 8am) & each Monday morning at 8am. At Communion we come together as members of the one Body of Christ. **Everyone is welcome at the Lord's Table, the table of Jesus Christ. Please all come up when invited by the Sidespeople. Those who wish for a blessing, please come up with everyone else and keep your hands by your side.** If you require a gluten free wafer please inform one of the welcomers or the rector before the service. Holy Communion is offered in both kinds with wine in the Common Cup. Should you still be anxious, do come up for a wafer, and then return to your seat. Receiving in one kind is to receive the sacrament in its entirety.

BAPTISMS, WEDDINGS & FUNERALS – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called Christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant, and is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. **Please speak to Reverend Belinda to register your interest**, and she can be contacted by email rector@kestonparishchurch.org.uk or 01689 853186 regarding any of the above.

1ST SUNDAY OF THE MONTH SERVICE is usually Celebrational Worship and is a non-Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

MONDAY - MORNING PRAYER @ 7.40am followed by HOLY COMMUNION @ 8am (½ hour). A good start to the week as we place our week in God's hands. We pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work. There is a free car park while you attend. All are very welcome.

WEEKLY LENT GROUPS continuing through March on Mondays 7.15 - 8.30pm & Tuesdays 3.30 - 4.45pm until 24th March at the Rectory All welcome.

EASTER EGG REQUEST – As in previous years we are having an Easter Egg hunt for the children on Easter Sunday. Donations of wrapped little eggs for these to help with this fun event would be gratefully received. Please tell your family, friends and neighbours with children about this event on Easter Sunday following the 10am Easter Service.

PRAYER WALKS – Every 1st Tue & 3rd Wed of the month, 3rd & 18th March, then 7th & 15th April. Please come along with or without a dog, and enjoy a good natter, then stop, reflect and pray. We assemble at 9.30 am on Commonsides on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a 'cuppa'.

HEALING & WHOLENESS at 3RD SUNDAY MORNING SERVICE – On the 3rd Sun of each month, (15th March, then 19th April) church members will be happy to pray with and for you. **A Healing and Wholeness service with anointing is usually offered on the 2nd Sat of each month at 11.20 am. All welcome.**

SUNDAY SCHOOL this month will be on 22nd March at 10am (Usually 3rd Sunday)– Bible-based activities and teaching for all children during part of the Sunday Service. All are very welcome.

MEN'S PUB SOCIAL – Every 3rd Wednesday of the month **18th March, then 15th April** at the Greyhound pub at 7 pm.

BOOK READING FELLOWSHIP – Monday 23rd March @ 2 pm. Come and discuss books with some Christian content that you have read with tea/coffee & cake! Let Sally know if you can come along.

25th MARCH – FEAST OF THE ANNUNCIATION OF OUR LORD – when the angel Gabriel tells Mary she is going to have a baby. There will be NO special service on this principal feast day as it is the day of the enthronement of the Archbishop of Canterbury, a historic occasion. It would be good to find time to watch this online and worship alongside Archbishop Sarah. The timing of the service will be announced nearer the time.

TAIZÉ SERVICE AT CHURCH MONDAY 30TH MARCH @ 7 PM - Taizé services are contemplative, Christian worship services originating from the Taizé community in France. Known for a candlelit, meditative atmosphere, they feature repetitive, simple, multi-lingual songs/chants, scripture readings, and periods of silence. These services are designed for reflection, prayer and a time of peace. Please enter in silence and leave in silence. .All are very welcome. It would be lovely to see you.

CHURCH SOCIALS – the next Church get together is a lunch on: **Tuesday 7th April at Holwood Farm at 12.15 pm.** Please put your name on the list if you would like to come along.

FOODBANK DONATION BOX – This will be in the Foyer - please help out those in need in these difficult times by donating a tin or jar of food, each time you shop. Your help and kindness is gratefully received. Thank you.

DATES FOR YOUR DIARY

VISIT TO SHEPPARD'S COLLEGES – Wednesday 15th April @ 2 pm. A one-hour tour is booked followed by refreshments, maximum 20 people, the list will be out shortly. We will group together to travel to get to the college. Bromley and Sheppard's Colleges are located in Bromley and today provide accommodation for retired clergy and their dependents. Bromley College provides 40 self-contained dwellings, and Sheppard's College a further seven.

EASTER SERVICES in April

Maundy Thursday 2nd April

6 pm - Bring your own simple meal to eat together in church hall

7 pm – Holy Communion Service with washing of feet (**if you are willing to volunteer to have your feet washed please let Belinda know asap – thank you**)

8 pm – One hour Vigil (stay as long as you want)

Good Friday 3rd April

10 am – Walk of Witness from Village to church – all ages & dogs welcome

11am – Short non-communion Service – followed by hot cross buns!

Easter Sunday 5th April

10 am - Easter Day Holy Communion followed by children's Easter egg hunt

BOUNDARY WALK – Sunday 3rd May @ 2.15 pm

ST. CHRISTOPHER'S FUN WALK – Sunday 10th May

WINTERSHALL – THE LIFE OF CHRIST – Dates this year 18th, 19th, 20th June 2026.

Sunday 1st March – 2nd Sunday of Lent

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his way come to share in his glory; through Jesus Christ our Lord. Amen

Romans 4: 1 - 5, 13 – 17; John 3: 1 – 17 (NLT Bible)

Sunday 8th March - 3rd Sunday of Lent

**Eternal God, give us insight to discern your will for us,
to give up what harms us, and to seek the perfection we are
promised
in Jesus Christ our Lord. Amen**

Exodus 17: 1 – 7; Romans 5: 1 – 11, John 4: 5 – 42 (NRSV Bible)

Sunday 15th March – Mothering Sunday Holy Communion

**God of love, passionate and strong, tender and careful:
watch over us and hold us all the days of our life;
through Jesus Christ our Lord. Amen**

Colossians 3: 12 – 17; Luke 2: 33 – 35 (NRSV Bible)

Sunday 22nd March – Passiontide

**Gracious Father, you gave up your Son out of love for the world:
lead us to ponder the mysteries of his passion, that we may know
eternal peace through the shedding of our Saviour's blood,
Jesus Christ our Lord. Amen**

John 11: 1 – 45 (NRSV Bible)

Sunday 29th March – Palm Sunday

**True and humble king, hailed by the crowd as Messiah:
Grant us the faith to know you and love you, that we may be found
beside you on the way of the cross, which is the path to glory.
Amen**

Philippians 2: 5 – 11; Matthew 26: 14 – 27: end (NRSV Bible)

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer can be contacted on safeguarding@kestonparishchurch.org.uk if you have any questions or concerns.