

KESTON PARISH CHURCH

MONTHLY PEW SHEET

February 2026



Sun	1st Feb	8 am 10 am	Holy Communion BCP 1662 Candlemas – All-Age Non-Communion Service
Mon	2nd Feb	7.40 am 8 am 2 pm	Morning Prayer Said Communion Book Reading Group
Tue	3rd Feb	9.30 am	Prayer Walk
Fri	6th Feb	2.30 pm	Choir Practice
Sat	7th Feb	10 am	Parish Brunch
Sun	8th Feb	10 am	Holy Communion Service
Mon	9th Feb	7.40 am 8 am	Morning Prayer Said Communion
Tue	10th Feb	6.45 pm 7.30 pm	Holy Communion PCC
Fri	13th Feb	2.30 pm	Choir Practice
Sat	14th Feb	11.20	Healing & Wholeness Service
Sun	15th Feb	10 am	Holy Communion Service with prayer for Healing & Wholeness including Sunday School
Mon	16th Feb	7.40 am 8 am	Morning Prayer Said Communion
Tue	17th Feb	10-12noon	Messy Church
Wed	18th Feb	9.30 am 3 pm	Prayer Walk Ash Wednesday Communion with Ashing
Fri	20th Feb	7 pm 2.30 pm	Men's Group @ Greyhound Choir Practice
Sun	22nd Feb	10am	Holy Communion
Mon	23rd Feb	7.40 am 8 am 7.15 pm	Morning Prayer Said Communion Lent Group
Tue	24th Feb	3.30 pm	Lent Group
Wed	25th Feb	7 pm	Church Social at The Greyhound
Fri	27th Feb	2.30 pm	Choir Practice
Sat	28th Feb	7 pm	Quiz Night
Sun	1st Mar	8 am 10 am	Holy Communion BCP 1662 All-Age non-Communion Service
Mon	2nd Mar	7.40 am 8 am 7.15 pm	Morning Prayer Said Communion Lent Group
Tue	3rd Mar	9.30 am 3.30 pm	Prayer Walk Lent Group

WELCOME to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the "T" setting. Large print copies of the service are available – please ask.

HOLY COMMUNION is offered every Sunday at 10am (except the 1st Sunday of the month when it is at 8am) & each Monday morning at 8am. At Communion we come together as members of the one Body of Christ. ***Everyone is welcome at the Lord's Table, the table of Jesus Christ. Please all come up when invited by the Sidespeople. Those who wish for a blessing, please come up with everyone else and keep your hands by your side.*** If you require a gluten free wafer please inform one of the welcomers or the rector before the service. Holy Communion is offered in both kinds with wine in the Common Cup. Should you still be anxious, do come up for a wafer, and then return to your seat. Receiving in one kind is to receive the sacrament in its entirety.

BAPTISMS, WEDDINGS & FUNERALS – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called Christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant, and is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. **Please speak to Reverend Belinda to register your interest**, and she can be contacted by email rector@kestonparishchurch.org.uk or 01689 853186 regarding any of the above.

1ST SUNDAY OF THE MONTH SERVICE is Celebrational Worship and is a non- Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

MONDAY - MORNING PRAYER @ 7.40am followed by HOLY COMMUNION @ 8am (½ hour). A good start to the week as we place our week in God's hands. We pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work. There is a free car park while you attend. All are very welcome.

BOOK READING FELLOWSHIP – Monday 2nd February @ 2 pm. Come and discuss books with some Christian content that you have read with tea/coffee & cake! Let Sally know if you can come along.

PRAYER WALKS – Every 1st Tue & 3rd Wed of the month, 3rd Feb & 18th Feb, then 3rd & 18th March. Please come along with or without a dog, and enjoy a good natter, then stop, reflect and pray. We assemble at 9.30 am on Commonsideside on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a 'cuppa'.

PARISH BRUNCH – SATURDAY 7TH FEBRUARY @ 10 AM – 12 NOON Come and enjoy a Continental breakfast and have a chat with your friends. All Welcome and please put your name on the list if you hope to come. £10 per person.

THE GREAT STORM OF 1987 – AND HOW IT CHANGED MY LIFE – Bob Ogley is speaking about this in aid of Bromley Welcare. Sat 7th Feb @ 3 pm, at St. Peter & St. Paul Church, (behind Primark). £10 on the door, but please register attendance to: sheilabee498@gmail.com or telephone 01689 851605 for catering purposes. Light Refreshments & Raffle.

POVERTY & HOPE APPEAL – starts Sunday 15th February, when you will be given a tube of smarties to eat, then fill with change or notes for this international charity. Since 1977, the Rochester Diocese has, through this annual appeal, helped meet the most basic needs that all of God's children deserve: a safe place to live, food to eat, and a way to something better

in its partner Diocese in other parts of the world including Estonia and Tanzania. Please give generously as one of the Lenten disciplines.

HEALING & WHOLENESS at 3RD SUNDAY MORNING SERVICE – On the 3rd Sun of each month, (15th Feb & 15th March) church members will be happy to pray with and for you. **A Healing and Wholeness service with anointing is usually offered on the 2nd Sat of each month at 11.20 am. All welcome.**

SUNDAY SCHOOL every 3rd Sunday of the month – Bible-based activities and teaching for all children during part of the Sunday Service. All are very welcome.

MESSY CHURCH – TUESDAY 17TH FEBRUARY FROM 10 – 12 noon – with crafts, activities, worship and lunch, open to all!

ASH WEDNESDAY SERVICE – Wednesday 18th Feb at 3 pm. Holy Communion with Ashing. All very welcome.

MEN'S PUB SOCIAL – Every 3rd Wednesday of the month **18th February, then 18th March** at the Greyhound pub at 7 pm.

WEEKLY LENT GROUPS beginning Monday 23rd Feb 7.15 - 8.30pm & Tuesday 24th Feb 3.30 - 4.45pm for five weeks until 24th March. A list will be out shortly for people to sign up for an indication of numbers. All welcome. Location to be confirmed.

CHURCH SOCIALS – the next Church get together is a lunch on: **Wed 25th Feb at The Greyhound at 7 pm. Then the next lunch Social Tuesday 7th April at Holwood Farm at 2.30 pm.** Please put your name on the list if you would like to come along.

PARISH QUIZ & FISH & CHIP SUPPER SATURDAY 28TH FEB 6.30 for 7 pm - Come in a group of 8, or add your name to be included in a table. Bring your drinks and glasses. Cost per person £18.

FOODBANK DONATION BOX – This will be in the Foyer - please help out those in need in these difficult times by donating a tin or jar of food, each time you shop. Your help and kindness is gratefully received. Thank you.

DATES FOR YOUR DIARY

VISIT TO SHEPPARD'S COLLEGES – Wednesday 15th April @ 2 pm. A one-hour tour is booked followed by refreshments, maximum 20 people, the list will be out shortly. We will group together to travel to get to the college. Bromley and Sheppard's Colleges are located in Bromley and today provide accommodation for retired clergy and their dependents. Bromley College provides 40 self-contained dwellings, and Sheppard's College a further seven.

BOUNDARY WALK – Sunday 3rd May @ 2.15 pm

ST. CHRISTOPHER'S FUN WALK – Sunday 10th May

WINTERSHALL – THE LIFE OF CHRIST – Dates this year 18th, 19th, 20th June 2026.

**Sunday 1st February - The Presentation of Christ in the Temple –
Candlemas**

Lord Jesus Christ, light of the nations and glory of Israel: make your home among us, and present us pure and holy to your heavenly Father, your God, and our God. Amen

Malachi 3: 1 – 5; Luke 2: 22 – 40 (NLT Bible)

Sunday 8th February – 2nd Sunday before Lent (Racial Justice Sunday)

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness, in Jesus Christ our Lord. Amen

Genesis 1: 1 – 31, 2: 1 – 3; Romans 8: 18 – 25; Matthew 6: 25 – 34; (NRSV Bible)

Sunday 15th February Sunday Next before Lent

Holy God, you know the disorder of our sinful lives: set straight our crooked hearts, and bend our wills to love your goodness and your glory in Jesus Christ our Lord. Amen

Exodus 24: 12 – 18; 2 Peter 1: 16 – 21; Matthew 17: 1 – 9 (NRSV Bible)

Wednesday 18th Feb – Ash Wednesday

Holy God, our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen

Isaiah 58: 1 – 12; 2 Corinthians 5: 20b – 6: 1 – 10; John 8: 1 – 11 (NRSV Bible)

Sunday 22nd February – First Sunday of Lent

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. Amen

Genesis 2: 15 – 17, 3: 1 – 7; Romans 5: 12 – 19; Matthew 4: 1 – 11 (NRSV Bible)

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer can be contacted on safeguarding@kestonparishchurch.org.uk if you have any questions or concerns.