

# ***KESTON PARISH CHURCH***

## **MONTHLY PEW SHEET**

### **February 2025**



<b>Sun</b>	<b>2<sup>nd</sup> Feb</b>	<b>8 am</b>	<b>BCP HC (1662)</b>
		<b>10 am</b>	<b>Candlemas (non-Communion)</b>
<b>Mon</b>	<b>3<sup>rd</sup> Feb</b>	<b>7.40 am</b>	<b>Morning Prayer</b>
		<b>8 am</b>	<b>Holy Communion (said)</b>
<b>Tue</b>	<b>4<sup>th</sup> Feb</b>	<b>9.30 am</b>	<b>Prayer Walk</b>
<b>Fri</b>	<b>7<sup>th</sup> Feb</b>	<b>11 am</b>	<b>Funeral Jo Blake</b>
			<b>Beckenham Crematorium</b>
		<b>2.30 pm</b>	<b>Choir Practice</b>
<b>Sun</b>	<b>9<sup>th</sup> Feb</b>	<b>10am</b>	<b>Holy Communion Service</b>
<b>Mon</b>	<b>10<sup>th</sup> Feb</b>	<b>7.40 am</b>	<b>Morning Prayer</b>
		<b>8 am</b>	<b>Holy Communion (said)</b>
<b>Fri</b>	<b>14<sup>th</sup> Feb</b>	<b>2.30 pm</b>	<b>Choir Practice</b>
<b>Sun</b>	<b>16<sup>th</sup> Feb</b>	<b>10am</b>	<b>Holy Communion Service</b>
			<b>with Prayer for Healing &amp; Wholeness</b>
<b>Mon</b>	<b>17<sup>th</sup> Feb</b>	<b>7.40 am</b>	<b>Morning Prayer</b>
		<b>8 am</b>	<b>Holy Communion (said)</b>
<b>Tue</b>	<b>18<sup>th</sup> Feb</b>	<b>10 am</b>	<b>MESSY Church</b>
		<b>6.45 pm</b>	<b>Holy Communion (said)</b>
		<b>7.30 pm</b>	<b>PCC Meeting</b>
<b>Wed</b>	<b>19<sup>th</sup> Feb</b>	<b>9.30am</b>	<b>Prayer Walk</b>
		<b>7 pm</b>	<b>Men's Group @ Greyhound</b>
<b>Fri</b>	<b>21<sup>st</sup> Feb</b>	<b>2.30 pm</b>	<b>Choir Practice</b>
<b>Sun</b>	<b>23<sup>rd</sup> Feb</b>	<b>10am</b>	<b>Holy Communion Service</b>
<b>Mon</b>	<b>24<sup>th</sup> Feb</b>	<b>7.40 am</b>	<b>Morning Prayer</b>
		<b>8 am</b>	<b>Holy Communion (said)</b>
<b>Fri</b>	<b>28<sup>th</sup> Feb</b>	<b>2.30 pm</b>	<b>Choir Practice</b>
<b>Sat</b>	<b>1<sup>st</sup> March</b>	<b>6.30 pm</b>	<b>Quiz Night</b>
<b>Sun</b>	<b>2<sup>nd</sup> Mar</b>	<b>8 am</b>	<b>BCP HC (1662)</b>
		<b>10 am</b>	<b>Celebrational Worship</b>
			<b>(Non-Communion)</b>
<b>Mon</b>	<b>3<sup>rd</sup> Mar</b>	<b>7.40 am</b>	<b>Morning Prayer</b>
		<b>8 am</b>	<b>Holy Communion (said)</b>
<b>Wed</b>	<b>5<sup>th</sup> Mar</b>	<b>3 pm</b>	<b>Ash Wednesday</b>
			<b>Holy Communion with Ashing</b>

**WELCOME** to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the "T" setting. Large print copies of the service are available – please ask.

**HOLY COMMUNION** is offered every Sunday at 10am (except the first Sunday of the month when it is at 8am) and each Monday morning at 8am in this Parish Church. At Communion we come together as members of the one Body of Christ. ***Everyone is welcome at the Lord's Table, the table of Jesus Christ.*** If you require a gluten free wafer please inform one of the welcomers or the rector before the service. The wine is offered by the Common Cup, in line with the Canons of the Church of England, and as Jesus offered it to his disciples. Post-Covid, the practice of administering the wine by 'intinction' has persisted, with an assumption that it is more hygienic. Intinction is where, in our church, the rector will dip the wafer into the wine, before offering it with the exhortation 'the Body and Blood of Christ'. There is no proven research which says that intinction is more hygienic than the Common Cup. Scientific research has shown that the risk of infection from the Common Cup is minimal, not least by the priests who over many centuries have been consuming all the wine after many communicants had drunk from the same cup. Cathedrals with large congregations have largely returned to the Common Cup and do not permit intinction under any circumstances. Receiving in one kind is to receive the sacrament in its entirety.

When invited to approach the table: please come up **first** if you wish to receive from **the Common Cup**. If you wish to receive **by intinction** please follow the guidance of the sidespeople. If you want **a blessing**, come at either time and **bring your service booklet with you** and bow your head.

**BAPTISMS, WEDDINGS & FUNERALS** – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant. It is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. Please speak to the Rector, Reverend Belinda on 01689 853186 or by email [rector@kestonparishchurch.org.uk](mailto:rector@kestonparishchurch.org.uk) regarding any of the above.

**1<sup>ST</sup> SUNDAY OF THE MONTH SERVICE** is Celebrational Worship and is a non- Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

**CANDLEMAS SERVICE – Sunday 2<sup>nd</sup> February @ 10 am** – If you are able, please assemble in the hall as we plan to process in to the church with our candles as we sing our first hymn.

**MONDAY - MORNING PRAYER @ 7.40am followed by HOLY COMMUNION @ 8am (½ hour).** A good start to the week as we place our week in God's hands. We pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work. There is a free car park while you attend. All are very welcome.

**PRAYER WALKS – Every 1<sup>st</sup> Tuesday & 3<sup>rd</sup> Wednesday of the month, Tue 4<sup>th</sup> & Wed 19<sup>th</sup> Feb, then Tue 4<sup>th</sup> & Wed 19<sup>th</sup> Mar.** Please come along with or without a dog, and enjoy a good chatter, then stop, reflect and pray. We assemble at 9.30 am on Commonsides on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a 'cuppa'.

**HEALING & WHOLENESS ON 3<sup>RD</sup> SUNDAY MORNING SERVICE** – On the third Sunday of each month, (**16<sup>th</sup> Feb & 16<sup>th</sup> Mar**) just after taking Communion there is the opportunity to go through to the foyer where church members will be happy to pray with and for you.

**MESSY CHURCH** – **Tuesday 18<sup>th</sup> February from 10 am – 12 noon**. Come along and enjoy doing crafts, learning about the God who loves us, and share a meal together. All ages welcome.

**MEN'S PUB SOCIAL** – **Every 3<sup>rd</sup> Wednesday** of the month **19<sup>th</sup> Feb & 19<sup>th</sup> Mar** at the Greyhound pub at 7 pm.

**QUIZ NIGHT WITH FISH & CHIP SUPPER** – **Saturday 1<sup>st</sup> March, 6.30 for 7 pm, in Keston Church Hall**. Tickets £16 per person, tables of 8. Tickets from Chris Rowland. Bring your own drinks and glasses.

**ASH WEDNESDAY COMMUNION SERVICE** – **5<sup>TH</sup> MARCH @ 3 PM** – Hot on the heels of Shrove Tuesday, we mark the beginning of Lent with Holy Communion and ashing.

**BOOK READING FELLOWSHIP** - **Monday 10<sup>th</sup> March at 2 pm**. Come and discuss books with some Christian content that you have read over tea/coffee and cake. Please let Sally Churchus know if you would like to come along.

**CHURCH SOCIALS** – the next Church get together is on **Wednesday 12<sup>th</sup> March at the Crown, Leaves Green at 7 pm**. Please put your name on the list if you would like to come along. Then there will be a lunch on **Tuesday 29<sup>th</sup> April** at the Tripple Two Coffee shop on Commonsideside at 12.30 pm.

**MENTAL WELLBEING COFFEE MORNING** – **Saturday 29<sup>th</sup> March 10am – 12 noon in Keston Church Hall**. Come for a chat over tea/coffee and cake with a mental health professional at hand. We will hear tips about how we can keep ourselves well.

**WINTERSHALL PLAYERS, Bramley, Guildford** – **Thursday 19<sup>th</sup>, Friday 20<sup>th</sup> & Saturday 21<sup>st</sup> June**. The Life of Christ is performed every June at Wintershall with a cast of over 100, attracting thousands of people in the beautiful grounds with wonderful views, lakes, plantations and ancient woodland. The productions are a perfect opportunity to encounter the drama of biblical events of the life of Christ. Tickets are £35. If you are interested in going with a group from Church, there is a sign up sheet, please put your preference on the day you would like to go either Friday or Saturday, (not Thursday as we have a service@ 3 pm commemorating the Day of Thanksgiving for Holy Communion (Corpus Christi). As you do have to walk around a little, most people take fold up chairs to sit and watch each performance, and take your own refreshments.

**LENT GROUPS** – There will be two Lent Groups running based on the CofE Lent Reflections 'Living Hope' on Monday evenings 7.30-9pm and Tuesday afternoons 3.30-5pm at the Rectory for 6 weeks starting in week beginning 10<sup>th</sup> March. Look out for the sign up sheets.

**ROCHESTER CATHEDRAL** – Do look on [www.rochestercaathedral.org/music-events](http://www.rochestercaathedral.org/music-events) to see what is going on at the Cathedral. In Feb & March they have a giant Mars globe hanging from the great ceiling, and different events, including Just Floyd; Bowie by Candlelight; Interstellar 10; Music of the 80's and many more. These are ticketed shows, and some are getting booked up.

**2<sup>nd</sup> February – Candlemas – The Presentation of Christ in the Temple**

**Lord Jesus Christ, light of the nations and glory of Israel; make your home among us, and present us pure and holy to your heavenly Father, your God and our God. Amen**

*Malachi 3: 1 – 5; Luke 2: 22 – 40 (NLT Bible)*

**9<sup>th</sup> February – The 4<sup>th</sup> Sunday before Lent**

**Lord of the hosts of heaven, our salvation and our strength, without you we are lost: guard us from all that harms or hurts and raise us when we fall; through Jesus Christ our Lord. Amen**

*Isaiah 6: 1 – 8; Luke 5: 1 – 11 (NRSV Bible)*

**16<sup>th</sup> February – The 3<sup>rd</sup> Sunday before Lent**

**Eternal God, whose Son went among the crowds and brought healing with his touch; help us to show his love, in your Church as we gather together, and by our lives as they are transformed into the image of Christ our Lord. Amen**

*Jeremiah 17: 5 – 10; Luke 6: 17 – 26 (NRSV Bible)*

**23<sup>rd</sup> February – The 2<sup>nd</sup> Sunday before Lent**

**Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord. Amen**

*Genesis 2: 4b -9, 15 – end; Luke 8: 22 – 25 (NRSV Bible)*

**OUR SAFEGUARDING STATEMENT** - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer is Steff Nash please speak to him if you have any questions or concerns or contact him on [safeguarding@kestonparishchurch.org.uk](mailto:safeguarding@kestonparishchurch.org.uk)