

KESTON PARISH CHURCH

MONTHLY PEW SHEET

October 2024



Sun	6th Oct	8 am 10 am	BCP HC (1662) Harvest Festival Celebrational Worship (non-Communion)
		12.30 pm	Harvest Lunch
Mon	7th Oct	7.40 am 8 am	Morning Prayer Holy Communion (said)
Fri	11th Oct	2.30 pm	Choir Practice
Sun	13th Oct	10am 11.15 am	Holy Communion Service Messy Meeting
Mon	14th Oct	7.40 am 8 am	Morning Prayer Holy Communion (said)
Wed	16th Oct	9.30am 7 pm	Prayer Walk Men's Group @ Greyhound
Fri	18th Oct	2.30 pm	Choir Practice
Sun	20th Oct	10am	Holy Communion Service With Prayer for Healing & Wholeness
Mon	16th Sep	7.40 am 8 am	Morning Prayer Holy Communion (said)
Tue	22nd Oct	10 – 12.30 pm 6.45 pm 7.30 pm	Messy Church Holy Communion Service PCC Meeting
Fri	25th Oct	2.30 pm	Choir Practice
Sun	27th Oct	10am	Holy Communion Service
Fri	1st Nov	2.30 pm 6.30 pm	Choir Practice All Saints Holy Comm. Service
Sat	2nd Nov	6.30 pm	Quiz Night
Sun	3rd Nov	10 am 3 pm	Celebrational Worship (non-Communion) Service for the Bereaved
Mon	4th Nov	7.40 am 8 am	Morning Prayer Holy Communion (said)
Tue	5th Nov	9.30 am 7 pm	Prayer Walk Church Social @ The Fox

WELCOME to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the “T” setting. Large print copies of the service are available – please ask.

HOLY COMMUNION is offered every Sunday at 10am (except the first Sunday of the month at 8am) and each Monday morning at 8am in this Parish Church. At Communion we come together as members all of the one Body of Christ. ***Everyone is welcome at the Lord’s Table, the table of Jesus Christ.***

If you require a gluten free wafer please inform one of the welcomers or the rector before the service.

The wine is offered by the Common Cup, in line with the Canons of the Church of England, and as Jesus offered it to his disciples. Post-Covid, the practice of administering the wine by ‘intinction’ has persisted, with an assumption that it is more hygienic. Intinction is where, in our church, the rector will dip the wafer into the wine, before offering it with the exhortation ‘the Body and Blood of Christ’. There is no proven research which says that intinction is more hygienic than the Common Cup. Scientific research has shown that the risk of infection from the Common Cup is minimal, not least by the priests who over many centuries have been consuming all the wine after many communicants had drunk from the same cup. Cathedrals with large congregations have largely returned to the Common Cup and do not permit intinction under any circumstances. Receiving in one kind is to receive the sacrament in its entirety.

When invited to approach the table, please

- Come up **first** if you wish to receive from **the Common Cup**.
- Approach **afterwards** if you wish to receive **by intinction**.
- If you want **just a blessing**, come at either time and **bring your service booklet with you** and bow your head.

Please follow the guidance of the sidespeople.

1ST SUNDAY OF THE MONTH SERVICE is Celebrational Worship and is a non Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

Every Monday we will offer MORNING PRAYER @ 7.40am and @ 8 am SAID (1/2 hour) Communion Service. This is to pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work, a good start to the week as we place our week in God’s hands. There is a free car park while you attend. All are very welcome.

HARVEST SERVICE – SUNDAY 6TH OCTOBER – Thank you for all your donations, the food will go to Bromley Borough Foodbank, and the cash donations will go to Welcare in Bromley. (Gift Aid forms are in the pews.)

PRAYER WALKS – Every 1st Tuesday & 3rd Wednesday of the month, 1st & 16th Oct then 5th & 20th Nov. Please come along with or without a dog, and enjoy a good chatter, then stop, reflect and pray. We assemble at 9.30 am on Commonsides on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a ‘cuppa’.

MEN’S PUB SOCIAL – Every 3rd Wednesday of the month **16th Oct then 20th Nov** at the Greyhound pub

HEALING & WHOLENESS ON 3RD SUNDAY MORNING SERVICE – On the third Sunday of each month, (20th Oct & 17th Nov) just after taking Communion, go through to the foyer where church members will be happy to pray with and for you.

NEXT MESSY CHURCH is scheduled for Tuesday 22nd October from 10 – 12.30 pm noon, and includes crafts, activities for all ages followed by a celebrational worship in Church with music, and finishing with lunch. Please tell your neighbours and friends.

MESSY MEETING – scheduled on Sunday 13th Oct at 11.15 am, just after the morning service. All interested in helping, please come along.

QUIZ NIGHT – SATURDAY 2ND NOVEMBER 6.30 FOR 7 PM. Fish & Chip Supper, please bring drinks and glasses. Tickets £16 per person, tables of 8.

SERVICE FOR THE BEREAVED – SUNDAY 3RD NOV @ 3 PM offers the opportunity to remember with love and prayers the faithful departed, those whom we have loved and lost. Come along on your own or as a family to light a candle and share this sacred time together remembering and re-entrusting them to God's care. Please invite anyone who is grieving to come along. Please add your loved ones' names to the list which will then be read out during the service. Tea and cakes will be served after the service.

CHURCH SOCIALS – Please note: the date of the next Church get together is **Tue 5th Nov @ the Fox @ 7 pm**; then Tue 28th January at Heathfields at 12.30 pm.

REMEMBRANCE SERVICE SUNDAY 10TH NOVEMBER AT 10 AM which will be a short non Communion service, before assembling at the Village Sign opposite the Greyhound at approx. 10.30 am, to leave at 10.40 am to walk quietly to the War Memorial where prayers will be said, the two minute silence observed and wreaths laid.

LIFT EVENING – Friday 15th November at the Crown for 7 pm. Ladies – please invite your friends to come along to this social evening of friendship and fellowship. There will be a sign up sheet available.

BAPTISMS, WEDDINGS & FUNERALS – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant. It is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don't worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. Please speak to the Rector, Reverend Belinda on 01689 853186 or by email rector@kestonparishchurch.org.uk regarding any of the above.

FORTHCOMING DATES:

Christmas Flower Workshop – Thursday 19th December, 1.30 for 2 pm start.

Carol Service – Sunday 22nd December, 6.30 pm, with Mulled wine & Mince Pies.

6th October – Harvest Thanksgiving

**Creator God, you made the goodness of the land,
the riches of the sea and the rhythm of the seasons;
as we thank you for the harvest, may we cherish and respect
this planet and its peoples, through Jesus Christ our Lord.
Amen**

1 Timothy 6: 6 – 10; Matthew 6: 25 – 33 (NLT Bible)

13th October – 20th Sunday after Trinity

**God, our Light and our Salvation: illuminate our lives,
that we may see your goodness in the land of the living,
and looking on your beauty may be changed into the
likeness of Jesus Christ our Lord. Amen**

Hebrews 4: 12 – end; Mark 10: 17 – 31 (NRSV Bible)

20th October – 21st Sunday after Trinity

**Almighty God, in whose service lies perfect freedom:
teach us to obey you with loving hearts and steadfast wills;
through Jesus Christ our Lord.
Amen**

Hebrews 5: 1 – 10; Mark 10: 35 – 45 (NRSV)

27th October – Bible Sunday

**Merciful God, teach us to be faithful in change and
uncertainty, that trusting in your word and
obeying your will we may enter the unfailing joy
of Jesus Christ our Lord. Amen**

2 Timothy 3: 14 – 4: 5; John 5: 36b – end (NRSV)

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer is Steff Nash please speak to him if you have any questions or concerns or contact him on safeguarding@kestonparishchurch.org.uk