



KESTON PARISH CHURCH

MONTHLY PEW SHEET

May 2024

Sun	5 th May	8.00 am	BCP HC - said
		10 am	Family Service of the Word
Tue	7 th May	9.15 am	Keston Year 1 @ Church
		9.30 am	Prayer Walk
Thu	9 th May	7.30 pm	Ascension Day Service
Fri	10 th May	2.30 pm	Choir Practice
Sun	12 th May	10 am	Holy Communion Service
		11.15 am	St. Christopher's Fun Walk
			Church open
Mon	13 th May	2 pm	Book Group
Wed	15 th May	9.30 am	Prayer Walk
		7 pm	Men's Group @ The Greyhound
Fri	17 th May	2.30 pm	Choir Practice
Sun	19 th May	10 am	Pentecost Service
			With H&W
Tue	21 st May	9.15 am	Keston Year 3 @ Church
		7.30 pm	PCC Meeting
Wed	22 nd May	7.30 pm	Church Social @ The Crown
			Choir Practice
Fri	24 th May	2.30 pm	Wellbeing Coffee morning
Sat	25 th May	10 – 12 noon	
Sun	26 th May	10 am	Trinity Sunday
Tue	28 th May	10 am – 12 noon	Messy Church
Thu	30 th May	7.30 pm	Day of Thanksgiving for Inst.
			Holy Communion
Fri	31 st May	2.30 pm	Choir Practice
Sun	2 nd June	8.00 am	BCP HC - said
		10 am	Family Service of the Word

WELCOME to this service today, especially if you are a visitor. When Holy Communion is offered, everyone is welcome at the Lord's table. Common Cup and Communion by Intinction, are both offered. If you would prefer a blessing, please bring your service booklet with you.

If you use a hearing aid, please put it to the "T" setting. Large printed copies of the service are available – please ask.

1ST SUNDAY OF THE MONTH SERVICE is a Service of the Word. Tea, coffee, squash and biscuits are offered after this service. As usual all are very welcome.

ROGATION SUNDAY WALK – 5TH MAY – meet at 2.15 pm in the Keston Church Car Park. The walk takes about 2 hours and we finish back at Keston Parish Hall for a cup of tea and cakes. Well behaved dogs welcome, and also their owners.

PRAYER WALKS – Every 1st Tuesday & 3rd Wednesday of the month 7th & 15th May, then 4th & 19th June. Please come along with or without a dog, and enjoy a good chatter, then stop, reflect and pray. We assemble at 9.30 am on Commonsides on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11 ish to have a 'cuppa'.

THY KINGDOM COME – This is a global ecumenical prayer movement that invites Christians around the World to pray from Ascension 9th May to Pentecost 19th May for more people to respond to the call of God. Please take a novena booklet and join in. These are available at the back of the church, and are free of charge.

BOOK READING FELLOWSHIP – MONDAY 13TH MAY @ 2 PM – Come and discuss books with some Christian content that you have read over tea/coffee and cake. Please let Sally know if you are able to come along. 020 8462 8750

MEN'S PUB SOCIAL – Every 3rd Wednesday of the month @ 7 pm – **15th May**, then 19th June at the Greyhound pub.

HEALING & WHOLENESS ON 3RD SUNDAY MORNING SERVICE – On the third Sunday of each month, (**19th May, 16th June**) just after taking Communion, go through to the foyer where you can share your concerns with one of the church members, who will be happy to pray with and for you.

A NIGHT OF PRAISE -PENTECOST SUNDAY 19TH MAY @ 6.30 PM – at Christ Church Orpington, Charterhouse Road, BR6 9EP. Something special happened at Pentecost. Join together and celebrate with gospel anthems and hymns, with some spoken word and time for reflection.

CHURCH SOCIALS – Please note: the date of the next Church get together is **Wednesday 22nd May @ 7.30 pm at the Crown Inn**, Leaves Green, followed by

Wed 3rd July at Heathfields @ 12.30 pm; Tue 13th August at Holwood Farm café @ 12.30 pm; Wed 25th September at the Greyhound @ 7 pm; then Tue 5th November at the Fox @ 7 pm.

MENTAL WELLBEING COFFEE MORNING – Saturday 25th May from 10 am – 12 noon. Come and have a chat over tea/coffee and cake with a mental health professional at hand. We will hear tips about how to keep ourselves well.

MESSY CHURCH – TUESDAY 28TH MAY @ 10 AM – 12 NOON. Please tell your friends about the half term Messy Church happening at Keston Church. All ages are very welcome, and enjoy crafts, activities, music and a light lunch

KEST FEST is on **Saturday 1st June, from 1 pm – 6 pm**, on the Common opposite the Greyhound pub. Keston Church is having a pitch, and there will be a bottle tombola, and also children's sweetie pots. If you can please take a few cups and fill them with assorted sweets, and little safe children's toys; and also donate all types of filled bottles, for the bottle tombola. Thank you for your generosity, and if you are able to help on the day, please see Tricia or the Rector.

CALLING ALL SCRABBLE PLAYERS – Pam Robertson and Rosemary are now hosting a scrabble afternoon, and if you are interested please have a word with Pam or Rosemary.

CAN YOU HELP? Please volunteer and help get out the tables and chairs in the hall before the service, and also put them away again afterwards. Thank you.

Donations of tea and coffee are always welcome to help with the refreshments following the Sunday morning service. Bless you all.

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our new Safeguarding Officer is Steff Nash please speak to him or contact him on steff@swissmail.org if you have any questions or concerns.

5th May – 6th Sunday of Easter

**Risen Christ, by the lakeside you renewed your call to your disciples:
Help your Church to obey your command and draw the nations to the fire
of your love, to the glory of God the Father. Amen**

Acts 10: 44 – end; John 15: 9 – 17

9th May – Ascension Day

**Risen Christ, you have raised our human nature to the throne of heaven;
Help us to see and serve you, that we may join you at the Father's side,
Where you reign with the Spirit in glory, now and for ever. Amen**

Acts 1: 1 – 11; Luke 24: 44 – end

12th May – 7th Sunday of Easter

**Risen, ascended Lord, as we rejoice at your triumph,
Fill your Church on earth with power and compassion, that all who are
estranged by sin may find forgiveness and know your peace,
To the glory of God the Father. Amen**

Acts 1: 15 – 17, 21 – end; John 17: 6 – 19

19th May - Pentecost

**Holy Spirit, gift of the Father: pour out afresh the fullness of your gifts
renew the face of the earth, and revive your Church with Pentecostal fire;
through Jesus Christ our Lord. Amen**

Acts 2: 1 – 21; John 15: 26 – 27, 16: 4 – 15

26th May - Trinity Sunday

**Holy God, faithful and unchanging: enlarge our minds with the
knowledge of your truth, and draw us more deeply into the mystery of
your love, that we may truly worship you, Father, Son and Holy Spirit, one
God, now and for ever. Amen**

Romans 8: 12 – 17; John 3: 1 – 17

30th May - Day of Thanksgiving for the Inst. Of Holy Communion

**Lord Jesus Christ, we thank you that in this wonderful sacrament you
have given us the memorial of your passion: grant us so to reverence the
sacred mysteries of your body and blood that we may know within
ourselves and show forth in our lives the fruits of your redemption;
for you are alive and reign with the Father in the unity of the Holy Spirit,
one God, now and for ever. Amen**

1 Corinthians 11: 23 -26; John 6: 51 – 58