

KESTON PARISH CHURCH

MONTHLY PEW SHEET

March 2024



Sun	3rd Mar	10 am	Family Non-Communion Service
Tue	5th Mar	9.30 am	Prayer Walk
		3 – 6 pm	Messy Church
Fri	8th Mar	2.30 pm	Choir Practice
Sun	10th Mar	10 am	Holy Communion Service
Fri	15th Mar	2.30 pm	Choir Practice
Sat	16th Mar	10 – 12 noon	Wellbeing Coffee Morning
Sun	17th Mar	10 am	Holy Communion Service With H&W
Mon	18th Mar	2 pm	Book Reading fellowship
Wed	20th Mar	9.30 am	Prayer Walk
		7 pm	Men's Group @ The Greyhound
Fri	22nd Mar	2.30 pm	Choir Practice
Sun	24th Mar	10 am	Holy Communion Service
Thu	28th Mar	10 am	Maundy Thursday H/C
Fri	29th Mar	10 am	Good Friday Walk from Village sign to Church
		10.40 am	Dramatic Reading Service
			Hot Cross Buns
Sun	31st Mar	10 am	Easter Sunday - Holy Communion Service
Tue	2nd April	9.30 am	Prayer Walk
Wed	3rd April	12.30 pm	Church Social @ Daisy Grey

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our new Safeguarding Officer is Steff Nash please speak to him or contact him on steff@swissmail.org if you have any questions or concerns.

WELCOME - We would like to welcome you to our service today, especially if you are a visitor. When we take Holy Communion everyone is invited to receive the bread and wine, symbols of God's love for us. You will be guided to the Altar rail at the appropriate time. **HOLY COMMUNION** - We are now offering Communion by Intinction, and we are also offering the Common Cup. We will begin with the Intinction, and at the end, if you would like to take from the Common Cup, please come up after the other Communicants. If you use a hearing aid, please put it to the "T" setting. Please do join us for a cup of tea/coffee and biscuits in the Hall after the Sunday service.

1ST SUNDAY OF THE MONTH SERVICE will now be a more informal service without Communion. Following some comments made by our Church Family members, we are re-introducing this less formal service, which will be shorter. We will of course be enjoying tea/coffee and biscuits after this service as usual.

MESSY CHURCH – TUESDAY 5TH MARCH @ 3.30 – 6 pm. We are starting Messy Church again, do tell your friends to come along with their children to do crafts and activities for all ages, finishing with a high tea as we learn about the God who loves us all.

PRAYER WALKS – Every 1st Tuesday & 3rd Wednesday of the month Tue 5th & Wed 20th March, then 2nd & 17th April. Please come along with or without a dog, and we all have a good chatter, then stop, reflect and pray. We start at 9.30 am on Commonsides on the green opposite the Greyhound Pub. We then end up Heathfields at 11 ish where we have a 'cuppa'.

MENTAL WELLBEING COFFEE MORNING – Saturday 16th March from 10 am – 12 noon. Join us and chat over tea/coffee and cake with a mental health professional at hand. We will hear tips about how to keep ourselves well.

HEALING & WHOLENESS ON 3RD SUNDAY MORNING SERVICE – On the third Sunday of each month, (17th March & 21st April) just after taking Communion we will have "prayers" in the foyer for anyone wanting someone to pray with them, for themselves or loved ones.

MEN'S PUB SOCIAL – Every 3rd Wednesday of the month @ 7 pm – Wed 20th March, then 17th April at the Greyhound pub.

CHURCH PUB SOCIALS – Come and have a drink/meal and chat to your congregation friends! Now meeting at lunchtimes too! **(Please add your name to the list if you wish to come); Wednesday 3rd April at Daisy Grey @ 12.30 pm.**

CALLING ALL SCRABBLE PLAYERS – Pam Robertson and Rosemary are now hosting a scrabble afternoon, and if you are interested please have a word with Tricia, Pam or Rosemary.

EASTER SERVICES

Thursday 28th March @ 10 am – Maundy Thursday Holy Communion Service

Friday 29th March @ 10 am – meet for the Walk of witness from the Village Sign to church – all ages and dogs very welcome.

At 10.40 am there will be a short non-communion service in the Church followed by hot cross buns in the hall.

Sunday 31st March @ 10 am – Easter Day Holy Communion, with lighting of the new Pascal Candle and Renewal of Baptism Vows.

THE INSTITUTION, INDUCTION AND INSTALLATION OF REVD. BELINDA BECKHELLING is on Monday 8th April at 7.30 pm. Please be sure to put your name on the list if you wish to come along. There will be refreshments in the hall after the Holy Communion service. Please keep Belinda in your prayers as she prepares to join Keston Parish Church, as our new Rector.

CAN YOU HELP? We could do with some volunteers to help get out the tables and chairs in the hall before the service, and then put them away again afterwards. Please see Tricia or Sally, thank you.

Donations of tea and coffee always welcome to help with the refreshments following our Sunday morning service. Bless you all.

3rd March – 3rd Sunday of Lent

**Eternal God, give us insight to discern your will for us,
To give up what harms us, and to seek the perfection we are
promised in Jesus Christ our Lord. Amen**

1 Corinthians 1: 18 – 25; John 2: 13 – 22

10th March – Mothering Sunday

**God of love, passionate and strong, tender and careful:
watch over us and hold us all the days of our life;
Through Jesus Christ our Lord. Amen**

2 Corinthians 1: 3 – 7; John 19: 25b – 27

17th March – Passiontide begins

**Holy God, in the Saviour's cross your boundless love meets
human sin: strengthen and deliver us that we may know the
victory is ours through Jesus Christ our Lord. Amen**

Hebrews 5: 5 – 10; John 12: 20 – 33

24th March – Palm Sunday

**True and humble King, the crowd hailed you as Messiah
then turned against you: may our praise last longer than
a day; may we be found beside you on the way of the cross,
which is the path of glory. Amen**

Psalms 118: 1 – 2, 19 – end; Mark 11: 1 – 11

28th March – Maundy Thursday

**God our Father, your Son Jesus Christ was obedient to the
end and drank the cup prepared for him: may we who share
his table watch with him through the night of suffering
and be faithful. Amen**

1 Corinthians 11: 23 – 26; John 13: 1 – 17, 31 – 35

31st March – Easter Sunday

**God of glory, by the raising of your Son you have broken the
chains of death and hell: fill your Church with faith and
hope; for a new day has dawned, creation is restored, and
the way of life stands open in our Saviour Jesus Christ.
Amen**

Acts 10: 34 – 43; Mark 16: 1 – 8